



BULLY-FREE ZONE

*Child Friendly Anti-Bullying
Policy*

2021-2022

Ashgrove Primary School

Article 3

The best interests of the child must be a top priority





CHILD FRIENDLY ANTI-BULLYING POLICY

Ashgrove Primary is a caring, friendly school... we do not agree with bullying. Everyone has the right to feel safe and happy in our school.

What is Bullying?

Bullying includes (but is not limited to) the **repeated** use of:

(a) any verbal, written or electronic communication,

(b) any other act, or

(c) any combination of those, by a pupil or a group of pupils against another pupil or group of pupils, with the **intention** of causing physical or emotional harm to that pupil or group of pupils.

It also includes leaving someone out on purpose!

A very serious one-off incident can also be bullying!



Remember about the Whisper box on our website!

Bullying is a form of unacceptable behaviour, but not all unacceptable behaviour can be considered bullying. Bullying usually has three key elements:

1. It is usually **repeated behaviour** that happens over a period of time.
2. It usually involves an **imbalance of power**.
3. It is **intentionally hurtful** behaviour.

What to do if you are being bullied...

Please do not keep it to yourself.

Tell an adult in school you trust.

Say to a friend.

Tell an adult at home.

You can ring childline on 0800 1111



What do we do to stop bullying?

- We have an Anti-Bully Week every year in school.
- We are a Rights Respecting School and respect the rights of everyone.
- We all agree a Class Charter and stick to it!
- We have Anti-Bullying days in school such as; Say Something Great About a Mate Day, Random Act of Kindness and Odd Socks Day.
- Our School Councillors are Anti-Bullying Ambassadors.
- We tell a teacher or adult if we (or someone we know) is being bullied.
- We take part in Safer Internet Week.



You can talk to your teacher, any adult in school or someone on our Safeguarding Team



Mrs Luney, P5
Designated Teacher



Mrs Carberry, P5
Deputy Designated
Teacher



Mr Smith
Principal