

# Ashgrove Primary Schoo vtownabber

Our Weekly Newsletter

ISSUE: 08

FRIDAY 11TH OCTOBER 2019

#### RIGHTS RESPECTING SCHOOLS

Article 3 "The best interests of the child must be a top priority." In school we strive to ensure that we keep the best interests of our children at the fore of everything we do. The above article is written in to our new policies and is embedded in the ethos statement of our school.

#### ABAANA CHARITY DAY- WIG WALK

Today we have quite a collection of crazy hair styles in school for our sponsored Wig Walk and Non-Uniform Day.

Even the teachers (and adults in school) wore their old school uniforms to Ashgrove today...

Thank you all for taking part... remember to send your sponsorship money to school by Wednesday 16th October.

> ASHGROVE ROAD, NEWTOWNABBEY, CO ANTRIM, BT36 6LJ E: INFO@ASHGROVEPS.NEWTOWNABBEY.NI.SCH.UK

> > WWW.ASHGROVEPRIMARY.COM

Learning, Caring, Growing Stronger Togel

# OPEN NIGHT FOR PRIMARY 1 & NEW PUPILS

Thank you for returning your Primary 1 pre-enrolment forms and for sharing these with other parents. **OPEN NIGHT** for new P1 pupils (or pupils moving in the area) is on THURSDAY 7<sup>TH</sup> NOVEMBER, 6.30pm. EVERYONE IS **WELCOME!** 

#### FLU VACCINATIONS...

Our Flu Vaccinations are due to take place in school on **MONDAY 11<sup>TH</sup> NOVEMBER.** These are administered by the Community Nurse via a nasal spray (no needles are required). Please note that we cannot administer the vaccination unless we have permission from home. Parents are not required to attend.

#### PARENT TEACHER CONSULTATIONS

Last week, you should have received a text & email about our forthcoming Parent Teacher Consultations on Monday 21st, Tuesday 22nd and Wednesday 23rd October.

As per the emailed note, all children will go home at the earlier time of 12.30pm on these days. There will be no TEACHER AFTER SCHOOL CLUBS during the week commencing Monday 21st October.

To help working parents we are extending our Club (which usually runs from 2.00 - 5.30pm) to start at 12.30pm on these days - this can be booked online via SchoolMoney.

We hope you will find the Parent Teacher Consultations a useful opportunity to be updated on your child's progress. This is also a chance, if required, for you to share relevant information about home.

We kindly ask parents to be mindful that Parent Teacher Consultations should last between 10-15 minutes per pupil. Please be mindful that there will most likely be other parents waiting to see the teacher. If necessary, you may make an additional appointment.

#### PTA HALLOWEEN DISCO

The PTA Monster Ball is taking place on **FRIDAY 25<sup>TH</sup> OCTOBER.** This is always a fun and popular PTA event. This year the PTA are holding three separate Disco's as follows:

P1 & 2  $5.00 - 6.00 \, pm$ 

P3&4 6.15 - 7.30 pm

P5 - 7 7.45 - 9.00 pm ALL tickets MUST be ordered online via SchoolMoney... NO tickets will be sold at the door





# HALF TERM HOLIDAY

It is hard to believe that the Half Term Holidays are fast approaching! A full list of all diary dates and Holidays are available on our website. As a reminder, school will be closed for the Half Term break from **Monday 28<sup>th</sup> October – Friday 1<sup>st</sup>**November (inclusive). School will recommence at the usual times on **Monday 4<sup>th</sup>**November.

# AQE & GL ASSESSMENT INFORMATION

I would like to remind those parents who have children sitting the AQE assessments that the tests will be held on the following dates:

- Saturday 9<sup>th</sup> Nov 2019: AQE (CEA) 1st Paper
- Saturday 16th Nov 2019: GL Assessment
- Saturday 23<sup>rd</sup> Nov 2019: AQE (CEA) 2nd Paper
- Saturday 30<sup>th</sup> Nov 2019: AQE (CEA) 3rd Paper
- Saturday 7th Dec 2019: GL Supplementary Entrance Assessment

## HARVEST SERVICE - FRIDAY 18<sup>TH</sup> OCTOBER

This year, P6 pupils are leading our Harvest Service on Friday 18<sup>th</sup> October, 9.15am. P6 parents are invited to attend – a note was emailed and sent home with a reply slip yesterday.

Monies raised this year will go to the Charity Abaana, Mrs Flaherty has written home to parents to ask you're your help in raising funds... thank you in advance for your kindness.

#### SHARED EDUCATION DATES & REMINDERS...

- Tuesday 15th October P3 to Queens PEC
- Friday 22<sup>nd</sup> November- P2 to W5
- Wednesday 13th November P3 visiting St Michaels
- Wednesday 20<sup>th</sup> November P3 St Michaels visiting Ashgrove
- Wednesday 6<sup>th</sup> November P5 Shared Education

DATES FOR OTHER YEAR GROUPS HAVE YET TO BE CONFIRMED...





#### HEALTHY BREAKS FOR SCHOOL

The Public Health Agency have shared the following advice for parents and carers for Healthy Breaks in Schools...

**DRINKS:** It is important that children drink enough during the day. Milk (unflavoured) and water are the most suitable drinks for children. In Ashgrove PS we ask that children drink water in class — no fizzy drinks, smoothies etc — these contain lots of hidden sugar which are harmful to teeth and can spike blood sugars.

**BREAD BASED SNACKS:** Bread based snacks can help meet the extra energy needs children require and help them to feel more satisfied. This includes white or wholemeal, rolls, bagels etc

**NOT SUITABLE:** Sugary spreads, including jam, honey, marmalade or chocolate spread.

#### SUSTRANS SUPERHERO WEEK...

**Next week, is our Sustrans Superhero Week!** We are encouraging pupils and parents to make 6 active journeys to or from school next week- walk, cycle scoot etc.

Many of our pupils live within walking distance of school and should be able to make an active journey. Please make an effort with this, not only is this good for the environment, pupil health etc but it will also ease congestion in our carpark.

I would like to thank Miss McDowell and Beverly from Sustrans for organizing this event.

#### SCHOOL COUNCILLORS TO LONDON

Mrs Carberry and Mr Smith are taking our P5-7 School Councillors to the Houses of Parliament, London on **Friday 25<sup>th</sup> October.** Mrs Carberry has already sent home a note to parents whose children are attending.

This is a wonderful opportunity for our young people to experience the workings of Parliament. Our School Councillors help to make important decisions in school on matters which impact them and their classmates.











# School Dinner Menu, WEEK 3, €2.60 per day

VEGETARIAN OPTIONS ARE AVAILABLE EACH DAY - please refer to website

#### Monday 14th October

Sausages, Garden Peas & Chips

Fresh Fruit Salad & Yoghurt

### Tuesday 15th October

Oven Baked Whiting, Baked Beans, Sweetcorn & Mashed Potatoes **OR** Spicy Beef with Noodle & Stir Fried Vegetables & Crusty

Fresh Fruit & Yoghurt

#### Wednesday 16th October

Roast Beef, Cabbage, Mashed & Oven Roast Potatoes & Gravy

Rice Pudding & Fruit

#### Thursday 17th October

Chicken Curry, Boiled Rice, Carrots & Naan Bread

Chocolate Cake, Fresh Fruit & Milk

#### Friday 18th October

Irish Stew & Crusty Bread OR Lasagne, Tossed Salad & Crusty Bread

Apple Sponge & Custard

## HEALTHY BREAK 30p per day

Tuesday: Toast, Watermelon & Yellow Pepper

Friday: Crusty Bread, Orange & Cucumber

# AFTER SCHOOL CLUB PROVISION

As a reminder, our After School Club provision runs from 2.00-5.30pm Monday-Friday. The cost of our child care is much less expensive than private day care.

WE ALSO ACCEPT EMPLOYER CHILD CARE VOUCHERS TO HELP WITH PAYMENT – if your place of work offers a scheme, let us now and we will register with them.

To save money, some parents send their children to private day care for 1 or 2 days per week and then to the school club for the other days...

Cost: 2.00 - 4.00pm, £2.50 per hour 4.00 - 5.00pm, £3.00 per hour 5.00 - 5.30pm, £1.50







