



# Ashgrove Primary School Newtownabbey

## Our Weekly Newsletter

ISSUE: 08

FRIDAY 7<sup>TH</sup> OCTOBER 2022

### RIGHTS RESPECTING SCHOOLS

Article 3 "The best interests of the child must be a top priority."

In school we strive to ensure that we keep the best interests of our children at the fore of everything we do. The above article is written in our new policies and is embedded in the ethos statement of our school.

### HALF TERM HOLIDAY



## Half Term approaching

School is closed for Half Term Monday 31st  
October - Friday 4th November inclusive

**Keep safe during the dark evenings!**



**Learning, Caring, Growing Stronger Together**

## PARENT TEACHER CONSULTATIONS

At the beginning of next week, you will receive a text and email inviting you to attend for an online Parent Teacher Consultation. Feedback from previous years indicated that working parents in particular appreciate being able to attend virtually.

We have some considerably large classes in Ashgrove and together with multiple interviews for children we are required to allocate an additional day to the Parent Teacher Consultations.

**These will now take place over 4 days i.e. Monday 24<sup>th</sup> October-Thursday 27<sup>th</sup> October inclusive. This means that all children will go home at the earlier time of 12.20pm on these days.**

**The email and text will ask you to select a day and time of your choice to attend the consultation. Obviously, spaces and time is limited and the slots are allocated on a first-come-first served basis.**

The platform we are using for Parent Teacher Consultations is EduSpot (Teachers2Parents) which is the same platform we use to send emails and texts to you.

We are aware we have some parents who live apart and require an interview time for each parent.

**If you have not made us aware of this request, please email us on [info@ashgroveps.newtownabbey.ni.sch.uk](mailto:info@ashgroveps.newtownabbey.ni.sch.uk) by 9.30am on Monday 10<sup>th</sup> October.**

### Before the Interview Day

- You will receive a confirmation email of your chosen interview day and time
- You will also receive a reminder email 24 hours before your chosen interview day and time
- Make sure the device you are using has at least audio and microphone. An appropriate device for online meetings can be a laptop/computer, smartphone or tablet such as an iPad.
- If you have technical difficulties and/or can't make your meeting, please call the office on 028 90 848734 to let us know.

### Some Things to Consider

- Try to find a quiet, private space for the meeting.
- Dress as you would if this meeting was in school.
- If you are unable to make your meeting, please contact the office as soon as possible.
- Sign in by clicking on the link emailed and enter the waiting room 5-10 minutes before it is due to start.
- Come prepared with any questions you may have.

**Child Care Provision will be made available as per previous years. I will send more information about this home next week.**



## FLU VACCINATIONS...

Our Flu Vaccinations are due to take place in school on **MONDAY 10<sup>TH</sup> NOVEMBER**. These are administered by the Community Nurse via a nasal spray (no needles are required). Please note that we cannot administer the vaccination unless we have permission from home. Parents are not required to attend.

## HEALTHY BREAKS FOR SCHOOL

The Public Health Agency have shared the following advice for parents and carers for Healthy Breaks in Schools...

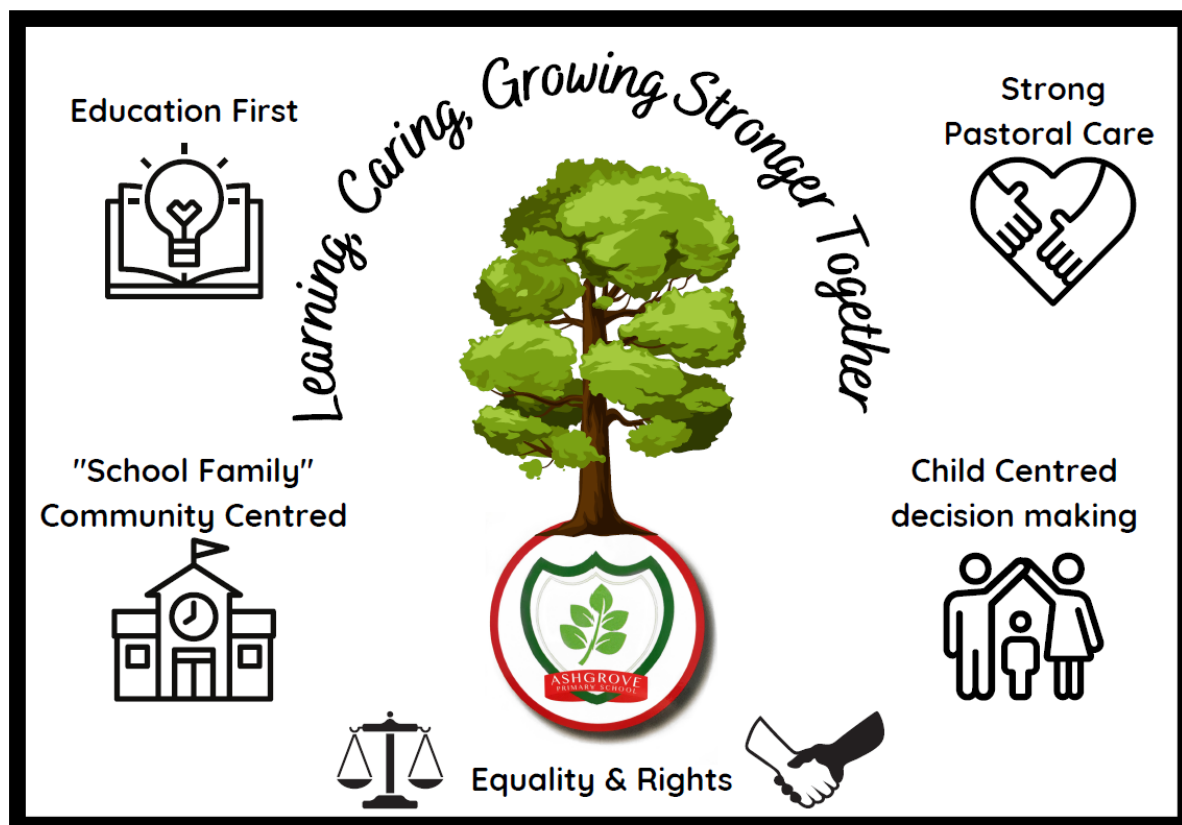
**DRINKS:** It is important that children drink enough during the day. Milk (unflavoured) and water are the most suitable drinks for children. In Ashgrove PS we ask that children drink water in class – no fizzy drinks, smoothies etc. – these contain lots of hidden sugar which are harmful to teeth and can spike blood sugars.

**BREAD BASED SNACKS:** Bread based snacks can help meet the extra energy needs children require and help them to feel more satisfied. This includes white or wholemeal, rolls, bagels etc

**NOT SUITABLE:** Sugary spreads, including jam, honey, marmalade or chocolate spread.

## SCHOOL ETHOS THINKING FRAME

### Our Five Core Values





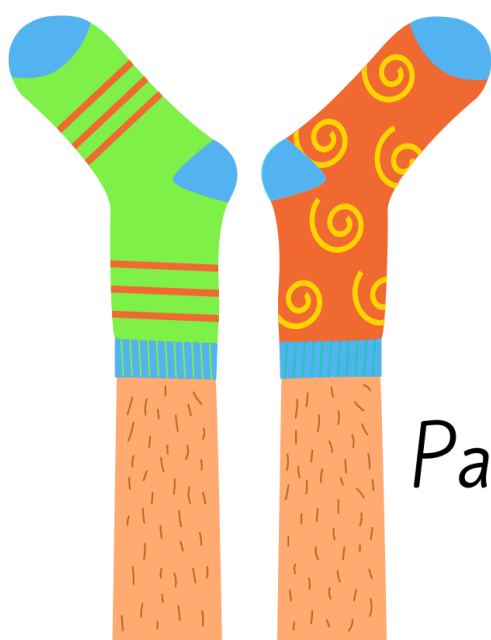
# Odd Socks Day!



Friday 14th  
October



Ashgrove  
School Council



Please donate  
£1.00

Part of our Anti-Bullying  
Awareness events



## SCHOOL DINNER MENU

<b>Monday 10<sup>th</sup> October</b> Steak Burger in a Bap, Tossed Salad/Coleslaw, Chips or Baked Potato ~ Flakemeal Biscuit & Fresh Fruit	<b>Tuesday 11<sup>th</sup> October</b> Chicken Goujons, Garlic Dip, Sweetcorn & herb Diced Potatoes ~ Ice Cream, Pears & Chocolate Sauce
<b>Wednesday 12<sup>th</sup> October</b> Roast Gammon, Stuffing, Carrots, Mashed & Roast Potatoes & Gravy ~ Rice Pudding & Fruit	<b>Thursday 13<sup>th</sup> October</b> Chicken Curry, Boiled Rice, Naan Bread & Garden Peas ~ Frozen Yoghurt & Fruit
<b>Friday 14<sup>th</sup> October</b> Fish Fingers, Baked Beans & Mashed Potato ~ Swill Roll filled with Fruit & Yoghurt	School meals for the week ahead should be booked online via SchoolMoney.

## NSPCC SPEAK OUT STAY SAFE ASSEMBLY

We are delighted to be working with the NSPCC on key safeguarding messages in our school. As such, we have arranged two age and stage appropriate Assemblies for all children in school. The first Assembly will be for **P5-7 pupils on Wednesday 12<sup>th</sup> October** and the second for **P1-4 pupils on Friday 14<sup>th</sup> October**.

Following this, P6 & P7 pupils will have NSPCC Safeguarding workshops delivered in school on **Wednesday 19<sup>th</sup> and Friday 21<sup>st</sup> October**.

We will write to you separately with more information about what will be covered during the Assemblies and P6/7 workshops.

In the meantime, if you would like to know more about the *Speak out. Stay safe.* programme you can find information on the NSPCC website [www.nspcc.org.uk/speakout](http://www.nspcc.org.uk/speakout)

